# Practice Program Sections

## Meet the Artist:

Artist Name

Artist Picture

Artist Links to social media:

Artist Bio -

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OVERVIEW **video;** a *2 min video* giving an overview of your practice routine and tips.

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Practice Video 1**;** *2 minute - 5 min (max)* showing prep and supplies you need to get started on the practice routine.

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Practice Video 2**;** *2 minute - 5 min (max)* showing the key steps of the technique

☐ What are the goals to achieve

☐ What are the steps to achieve the goal

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Practice Video 3**;**  *2 minute - 5 min* (max) showing the routine in slow mode again in regular.  Show the assessment what areas to improve